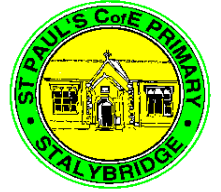


St. Paul's CE Primary School

Huddersfield Rd Stalybridge Cheshire SK15 2PT

Tel. 0161 338 2060 Email: admin@cdatstpaulsprimary.co.uk

Web: www.st-paulsstalybridge.sch.uk Headteacher Mr S Wright



Dear Parents / Guardians,

At St Paul's we are pleased to announce that we will be celebrating Children's Mental Health Week in conjunction with Place2Be, a children's mental health charity.



Children's Mental Health Week is taking place on 7th - 11th February and this year's theme is **Growing Together**. We will be encouraging children (and adults) to consider how they can help others grow and flourish as individuals. As I hope you are aware by now, Mental Health is of utmost importance to us here at St Paul's as we believe that a holistic approach should be adopted to education and the growth of a person.

We would like to invite all pupils to not wear their school uniform on Friday 11th February but instead **Dress to Express!** Why not wear your favourite football kit, dance outfit or karate uniform? The most expressive and creative outfit on the day in each class will win a prize for individuality, so show us what makes you unique!

In addition to this, pupils will be rewarded with Smileys for expressing their skills in all subject areas and for encouraging others to do so. We will be doing a variety of activities to promote emotional wellbeing during the week because expressing yourself and growing as an individual is always important.

Donations of £1 (or whatever you can spare) will be greatly appreciated and these can be made either in cash on the day or via our link below to the JustGiving page.

www.justgiving.com/fundraising/st-pauls-primary-school-stalybridge

Thank you for your support in relation to this and we look forward celebrating this important week within our school community.

Kindest Regards,

Mrs L Forrest
Pupil Wellbeing Lead