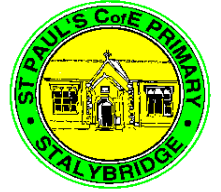


# St. Paul's CE Primary School

Huddersfield Rd Stalybridge Cheshire SK15 2PT

Tel. 0161 338 2060 Email: [admin@cdatstpaulsprimary.co.uk](mailto:admin@cdatstpaulsprimary.co.uk)

Web: [www.st-paulsstalybridge.sch.uk](http://www.st-paulsstalybridge.sch.uk) Headteacher Mr S Wright



Dear Parents / Guardians,

At St Paul's we are pleased to announce that we will be celebrating Children's Mental Health Week in conjunction with Place2Be, a children's mental health charity.



Children's Mental Health Week is taking place on 6<sup>th</sup> - 10<sup>th</sup> February and this year's theme is **Let's Connect**. We will be encouraging children (and adults) to consider how they can help others grow and flourish as individuals. As I hope you are aware by now, Mental Health is of upmost importance to us here at St Paul's as we believe that a holistic approach should be adopted to education and the growth of a person.

We would like to invite all pupils to not wear their school uniform on Friday 10<sup>th</sup> February but instead **Dress to Express!** Why not wear your favourite football kit, dance outfit or karate uniform? The most expressive and creative outfit on the day in each class will win a prize for individuality, so show us what makes you unique!

In addition to this, pupils will be rewarded with Smileys for making positive connections to others within school and the wider community. We will be doing a variety of activities to promote emotional wellbeing during the week because connecting to yourself as well as others positively is always important.

Thank you for your support in relation to this and we look forward celebrating this important week within our school community.

Kindest Regards,

Mrs L Forrest  
Pupil Wellbeing Lead